

Saturday, March 28, 2009  
9 am – 1 pm

The Borland Center on PGA Blvd.

# Accomplish Life: Extraordinary Solutions

with Jason Womack

Part of the Workplace Performance Seminar Series

- Do you start your day with no direction on what to do first?
- Can you see a project finished before it begins?
- When anything comes into your life, like an email, does it stay in one place because you can't decide how, when and what to do with it?
- Do you think about work while you're at home? And think about home when you're at work?

What if you took control of your daily activities  
instead of your activities controlling you?

Personal productivity and optimum efficiency demand each individual balance their skills and interests with the available time they have to get things done. Our Personal Performance Seminars provide you with specific examples and practical strategies to achieve their objectives and enhance time and self-management skills. After attending our seminar you will identify and implement ways to engage in Life efficiently and effectively with work life and home life.

You will also learn how to use technology and other organizational tools as well as optimize your physical workspace. Each seminar is designed to meet and exceed identified performance and productivity standards.

Register online at **[shop.JasonWomack.com](http://shop.JasonWomack.com)**

**Early Bird Special (Register before March 10): \$49**

Per Person Registration: \$79

To Bring your Team (8 People max): \$350\*

\*Contact Jodi for more information or questions:

[Jodi@WomackCompany.com](mailto:Jodi@WomackCompany.com) or (805) 798-1295

**Location:** The Borland Center  
4885 PGA Boulevard, Palm Beach Gardens, FL 33418

Jason W. Womack, M.Ed., M.A. is a master trainer. He creates effective learning situations and positive performance results. He applies this wealth of knowledge to corporate learning environments to solve the day-to-day challenges of work/life balance.