
UC BERKELEY'S CENTER FOR PUBLIC HEALTH PRACTICE (CPHP)

presents

Mastering Workplace Performance: Solutions for the Speed of Life

Tuesday, January 27, 2009

9am – 3pm; 8am Registration and Networking

Lipman Room, Barrows Hall – UC Berkeley
(Barrow Lane and Eshleman Road, off Bancroft Way)

Each leader, manager and individual contributor is continually judged on their workplace performance. Personal productivity and optimum efficiency demand each individual balance their skills and interests with the available time they have to get things done.

Our Workplace Performance Seminars provide participants with specific examples and practical strategies to achieve their objectives and enhance time and self-management skills.

After attending our seminar, participants identify and implement ways to engage efficiently and effectively with their work.

They will also learn how to use technology and other organizational tools as well as optimize their physical workspace. Each seminar is designed to meet and exceed identified performance and productivity standards.

We have space for **only 80 people** so we ask that you register and pay early for this exciting training program. The intended audience for this training is public health professionals working in: city, county, state health departments; community health clinics; research institutes; policy organizations; health care systems; hospitals; community-based organizations; and students.

To register, log on to: <https://www.regonline.com/MWPworkshop>
Registration deadline is **January 8, 2009**.

Registration Fees: \$75 – Regular • \$15 – UC Berkeley Students (currently enrolled)

Jason W. Womack, M.Ed., M.A. is a master trainer and powerhouse educator and creates effective learning situations and positive performance results. He applies this wealth of knowledge to corporate learning environments to help solve the day-to-day challenges of work/life balance in an era of increased personal accountability. Jason spent six years as a senior trainer with the David Allen Company, an internationally recognized consulting company before founding his own firm.

We look forward to helping you get more things done in the new year!